

Pharmacy Changes

Effective July 1, 2025

Affordability & Accessibility

The University of Utah wants our employees and their families to have access to effective, affordable medications. We have tailored our list of covered medications, also called a formulary, to meet these goals. See the table on the following pages regarding changes effective **7/1/2025**. Please talk to your provider about the covered preferred alternatives.



Step Therapy

Step therapy is a process to find the most affordable and effective medications by following a recommended order of treatment. Step therapy medications include Jardiance, Farxiga, SynjardyXR, vilazodone, and Vraylar. If you are currently on one of these medications, your coverage will continue with RealRx. For help finding affordable alternatives, call RealRx at 855-413-6399.



Prior Authorization

Medications/products such as Mounjaro, Ozempic, tadalafil, FreeStyle Libre, and sildenafil require a Prior Authorization. If you are currently taking a medication that requires prior authorization, it will remain valid through September 30, 2025. You and your provider will be notified of cost effective alternatives. Your provider can submit documentation requesting continuation of therapy.



Over-the-Counter Medications

Medications such as acetaminophen/Tylenol, cetirizine/Zyrtec, diclofenac/Voltaren, and iron/FeroSul are not a covered benefit. These are widely available at your local pharmacy.



Cosmetic Medications

Medications such as finasteride 1 mg, used for male pattern baldness, or bimatoprost 0.03% for eyelash growth, are not a covered benefit.

RealRx is constantly reviewing the available medications to maximize the use of cost-effective treatments to help keep premiums and copays down. RealRx works on your behalf to minimize use of medications that provide less value compared to covered alternatives.

You or your doctor may call Pharmacy Customer Service at (855) 413-6399.

We are here 24 hours a day, 7 days a week, and 365 days a year.

High-Cost Medications with Clinically-Effective Alternatives

Drug Category	Non-Formulary Drugs	Preferred Alternatives
Acne	<ul style="list-style-type: none"> Altreno Lotion (tretinoin) 	<ul style="list-style-type: none"> Tretinoin Cream
ADHD	<ul style="list-style-type: none"> Adderall XR Concerta Jornay PM Vyvanse 	<ul style="list-style-type: none"> Amphetamine-dextroamphet Lisdexamfetamine Methylphenidate HCl ER (OSM)
Allergy	<ul style="list-style-type: none"> Auvi-Q 	<ul style="list-style-type: none"> Epinephrine auto-injector
Asthma	<ul style="list-style-type: none"> Advair Diskus/HFA Airsupra Asmanex HFA Budesonide-Formoterol Fumarate Breyna Dulera Flovent HFA Fluticasone Propionate HFA ProAir RespiClick Ventolin HFA 	<ul style="list-style-type: none"> Albuterol Arnuity Ellipta Breo Ellipta FLUTICASONE-SALMETEROL Qvar Symbicort
Autoimmune	<ul style="list-style-type: none"> Humira 	<ul style="list-style-type: none"> Hadlima Simlandi
Depression	<ul style="list-style-type: none"> Duloxetine HCl 40 mg capsule DR Venlafaxine HCl ER tablet 	<ul style="list-style-type: none"> Duloxetine HCl 20 mg capsule DR Venlafaxine HCl ER capsule
Diabetes	<ul style="list-style-type: none"> Insulin Glargine-yfgn Semglee (yfgn) Toujeo Tresiba 	<ul style="list-style-type: none"> Basaglar Rezvoglar
Dry Eye	<ul style="list-style-type: none"> Restasis 	<ul style="list-style-type: none"> Cyclosporine
Hormone Therapy	<ul style="list-style-type: none"> Testosterone 50 mg/5gm (1%) gel 	<ul style="list-style-type: none"> Testosterone 12.5 mg/act (1%) gel