



Open Enrollment (OE) begins in one week!

Here's what to expect:

- **Postcard:** You'll receive a postcard at your home early next week with a QR code for quick access to OE resources.
- **Email:** On **May 1**, watch for an email containing links to all OE materials and instructions.

OE Webinars:

Join one of our Open Enrollment webinars happening **May 5-9** for a detailed overview of your options and upcoming changes. Registration links are available on the [OE Webinars](#) webpage-more links will be added in the coming days.

Tips for a Smooth Open Enrollment:

1. **Submit early:** Submitting your elections through [UBenefits](#) early gives you time to review and make any necessary changes.
2. **Start with the [OE webpage](#):** All OE information will be posted before **May 1**. Most questions can be answered there. If you can't find answers and need additional help, email AskHR@utah.edu. Please note: responses may be delayed depending on volume.
3. **Only one event per day:** [UBenefits](#) only allows one event per day. If you submit elections and want to make changes, you'll need to wait until the next day.
4. **Changes are allowed all month:** You can update your OE elections at any time during the month of May-just log back in the following day.
5. **Report life events separately:** Events like marriage, divorce or birth require a different process. Don't use the OE event; select the appropriate option under **Change Your Benefits** in [UBenefits](#).
6. **Dental coverage:** If you remove dental coverage, it applies to your whole family. Only opt out if no one in your household needs dental coverage.
7. **Retirement savings:** These elections can be changed any time in [UBenefits](#) and are not tied to Open Enrollment.

Clarification from last week's message:

Only the **Employee Assistance Program** for academic campus and U of U Health academic employees is changing on **July 1**. Mental health benefits under the **Advantage Plan** and new **Community Plan** will

continue to be administered by **HMHI Behavioral Health Network**. If you're currently receiving care, you'll be able to continue with your existing providers.

Wishing you health and wellness,

University Human Resource Management (UHRM)

[OE webpage](#)