## University of Utah Voluntary Dental



# Regence

Regence Expressions<sup>SM</sup> (ValueCare) Effective January 1, 2024 through December 31, 2024

Regence BlueShield of Utah is an Independent Licensee of the Blue Cross and Blue Shield Association

This plan includes preventive and diagnostic services, as well as restorative and major services. After satisfaction of the deductible, this plan will provide payment for the services at the percentages listed below up to the calendar year maximum. Payment of benefits is based on a percentage of the allowed amount. Participating providers have agreed to accept the allowed amounts as payment for services. Services of a Nonparticipating provider are based on a percentage of the allowed amount. The member will be responsible for any additional charges over the allowed amount.

Cost Share Details		Participating Network	Nonparticipating Network
Annual Deductible	The total deductible you pay per calendar year	\$50 Individual / \$150 Family	Shared with Participating
Annual Limit	The combined total for your deductible, coinsurance and copays per calendar year	\$1,000 Individual	Shared with Participating
Preventive and Diagnostic Dental Services (unless stated otherwise, a deductible applies)		What You Pay	
Cleanings and	2 cleanings per calendar year	000/	2004
Examinations	2 preventive oral examinations per calendar year	20%	20%
X-rays	Panoramic mouth x-ray: Once in a 3-year period		
	Complete intra-oral mouth x-ray: Once in a 3-year period	20%	20%
	Bitewing x-rays: 2 per calendar year		
Other Preventive Dental Services	Sealants (bicuspids and molars only) for members under 18 years of age		
	Space maintainers for members under 12 years of age	20%	20%
	Topical fluoride application: 2 per calendar year for members under 18 years of age		
Basic Dental Services (unless stated otherwise, a deductible applies)		What You Pay	
Periodontal Services	Periodontal maintenance: 2 per year (in lieu of preventive cleanings)		
	Periodontal debridement: Once in a 3-year period	20%	20%
	Periodontal scaling and root planing: 1 per quadrant in a 2-year period		
Endodontic Services	Services including root canal treatment, pulpotomy and apicoectomy	20%	20%
Emergency and Other Basic Dental Services	Emergency treatment for pain relief	20%	20%
Major Dental Services (unless stated otherwise, a deductible applies)		What You Pay	
Bridges	Replacement once per 7 years after placement	50%	50%
Crowns, Inlays and Onlays	Replacement once (per tooth) 7 years after placement	50%	50%
Dentures (Full and Partial)	Replacement 7 years after placement	50%	50%

This benefit summary provides a brief description of your plan benefits, limitations and/or exclusions under your plan and is not a guarantee of payment. Once enrolled, you can view your benefits booklet online at regence.com. PLEASE REFER TO YOUR BENEFITS BOOKLET OR SUMMARY PLAN DESCRIPTION FOR A COMPLETE LIST OF BENEFITS, THE LIMITATIONS AND/OR EXCLUSIONS THAT APPLY, AND A DEFINITION OF MEDICAL NECESSITY. Regence is providing this benefit summary for illustrative purposes only. Regence makes no warranties or representations regarding compliance with applicable federal, state, or local laws, or the accuracy of the benefit summary. This document is not the legally required Summary of Benefits and Coverage that an employer is required to provide to employees and members under Federal law, and the group must provide a legally compliant Summary of Benefits and Coverage to its employees and members.

4 endosteal implants per lifetime

50%

1 (888) 370-6159 - TTY: 711 | 2890 E Cottonwood Parkway, Salt Lake City, UT 84121 | regence.com

University of Utah Voluntary Dental 2023 Regence Expressions

Implants (Endosteal)

50%

The University of Utah has worked closely with Regence BlueCross BlueShield of Utah (Regence BCBSU) to develop a special dental program for University retirees. This affordable plan offers many advantages. And if you use a PPO (PPO) network provider, you can save even more. We've even negotiated reduced rates, which means lower out-of-pocket costs for you. Your dentist will bill Regence BCBSU directly for covered dental services. After you've met your annual deductible, you'll pay only coinsurance and the cost of non-covered services. Enroll when you first retire or in January of each successive year.

### Quarterly Rates effective January 1, 2024

Retiree or Spouse \$118.80 Two-Party \$237.90 Family \$321.00

### Mail Enrollment Form & Payment to:

Attn: Amie Long Regence BlueCross BlueShield 333 Gilkey Road Burlington, WA 98233

### NONDISCRIMINATION NOTICE

Regence complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. Regence does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex.

## Regence:

Provides free aids and services to people with disabilities to communicate effectively with us, such as:

- Qualified sign language interpreters
- Written information in other formats (large print, audio, and accessible electronic formats, other formats)

## Provides free language services to people whose primary language is not English, such as:

- Qualified interpreters
- Information written in other languages

If you need these services listed above, please contact:

## **Medicare Customer Service**

1-800-541-8981 (TTY: 711)

## **Customer Service for all other plans**

1-888-344-6347 (TTY: 711)

If you believe that Regence has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with our civil rights coordinator below:

#### **Medicare Customer Service**

Civil Rights Coordinator MS: B32AG, PO Box 1827 Medford, OR 97501 1-866-749-0355, (TTY: 711)

Fax: 1-888-309-8784

medicareappeals@regence.com

### **Customer Service for all other plans**

Civil Rights Coordinator MS CS B32B, P.O. Box 1271 Portland, OR 97207-1271 1-888-344-6347, (TTY: 711) CS@regence.com You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights electronically through the Office for Civil Rights Complaint Portal at https://ocrportal.hhs.gov/ocr/portal/lobby.jsf, or by mail or phone at:

U.S. Department of Health and Human Services 200 Independence Avenue SW, Room 509F HHH Building Washington, DC 20201

1-800-368-1019, 800-537-7697 (TDD).

Complaint forms are available at http://www.hhs.gov/ocr/office/file/index.h tml.

## Language assistance

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-888-344-6347 (TTY: 711).

注意:如果您使用繁體中文,您可以免費獲得語言援助服務。請致電1-888-344-6347 (TTY: 711)

CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số 1-888-344-6347 (TTY: 711).

주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 1-888-344-6347 (TTY: 711) 번으로 전화해주십시오.

PAUNAWA: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa 1-888-344-6347 (TTY: 711).

ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 1-888-344-6347 (телетайп: 711).

ATTENTION : Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez le 1-888-344-6347 (ATS : 711)

注意事項:日本語を話される場合、無料の言語 支援をご利用いただけます。1-888-344-6347 (TTY:711)まで、お電話にてご連絡ください。

D77 baa ak0 n7n7zin: D77 saad bee y1n7[ti'go **Diné Bizaad**, saad bee 1k1'1n7da'1wo'd66', t'11 jiik'eh, 47 n1 h0l=, koj8' h0d77lnih 1-888-344-6347 (TTY: 711.)

FAKATOKANGA'I: Kapau 'oku ke Lea-Fakatonga, ko e kau tokoni fakatonu lea 'oku nau fai atu ha tokoni ta'etotongi, pea te ke lava 'o ma'u ia. ha'o telefonimai mai ki he fika 1-888-344-6347 (TTY: 711)

OBAVJEŠTENJE: Ako govorite srpsko-hrvatski, usluge jezičke pomoći dostupne su vam besplatno. Nazovite 1-888-344-6347 (TTY- Telefon za osobe sa oštećenim govorom ili sluhom: 711)

បុរយ័ត**ុន៖ បរើសនជាអ្នកនិយាយ** ភាសុះម៉េរុបសវាជំន<sub>ួ</sub>យខ<sub>ុ</sub>ននកភាសា ប ោយមិនគត្ឈ្ន លួ គឺអាចមានស ំរាវ់រំបរុ¥៊ើ នក។ ច**ូ**រ ទ<sub>ូ</sub>រស័ពុទ **‱**46347 (TTY: 711)។

ਧਿਆਨ ਧਿਓ: ਜੇ ਤੁਸ**ੀ**ਂ ਪੰ ਜਾਬੀ ਬੋਲ ਿ ੇ ੋ ਹੋ, ਤਾਾਂ ਭਾਸ਼ਾ । ਿੱਚ ਸਹਾਇਤਾ ਸੇ ਾ ਤੁਹਾਡੇ ਲਈ ਮੁਫਤ ਉਪਲ**ਬਿ** ਹੈ। 1-888-344-6347 (TTY: 711) 'ਤੇ ਕਾਲ ਕਰੋ।

ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlose Sprachdienstleistungen zur Verfügung. Rufnummer: 1-888-344-6347 (TTY: 711)

ማስታወሻ:- የሚናንሩት ቋንቋ አማርኛ ከሆነ የትርንም እርዳታ ድርጅቶች፣ በነጻ ሊያግዝዎት ተዘጋጀተዋል፤ በሚከተለው ቁጥር ይደውሉ 1-888-344-6347 (ሙስማት ለተሳናቸው:-711)።

УВАГА! Якщо ви розмовляєте українською мовою, ви можете звернутися до безкоштовної служби мовної підтримки. Телефонуйте за номером 1-888-344-6347 (телетайп: 711)

ध्यान दिनुहोस्:तपाईंले नेपाली बोल्नुहुन्छ भने तपाईंको दनम्ति भाषा सहायता सेवाहरू दिनःशुल्क रूपमा उपलब्ध छ । फोन गनुुहोस् 1-888-344-6347 (दिदिवाई: 711

ATENȚIE: Dacă vorbiți limba română, vă stau la dispoziție servicii de asistență lingvistică, gratuit. Sunați la 1-888-344-6347 (TTY: 711)

MAANDO: To a waawi [Adamawa], e woodi ballooji-ma to ekkitaaki wolde caahu. Noddu 1-888-344-6347 (TTY: 711)

โปรดหราบ: ถา ้ คณพูดภาษาไทย คณสามารถใชบรณิ ารชฆ่ ยเหลอทางภาษาไดฟี ร ีโทร 1-888- 344-6347 (TTY: 711)

ໂປດຊາບ: ຖ້າວ່າ ທ່ານເອົ້າພາສາ ລາວ, ການໍມິລຸສານຊ່, ວຍເືຫ ອດ້ານພາສາ, ໂດີຍໍບເສັງຄ່າ, ແມ່ ນີມພ້ອມໃຫ້ທ່ານ. ໂທຣ 1-888-344-6347 (TTY: 711)

Afaan dubbattan Oroomiffaa tiif, tajaajila gargaarsa afaanii tola ni jira. 1-888-344-6347 (TTY: 711) tiin bilbilaa.

توجه: اگر به زبان نارسی صحبت می کنود، سُه میالت زبانی بصورت را وگان برای شما فرا هم می باشد. با (TTY: 711) 488-344 (TTY: 711) ما سیکورود.