



Diabetes management, your way

Get an advanced blood glucose meter and as many strips and lancets as you need, paid for by your plan sponsor —all at no additional cost to you.



Personalized tips with each blood sugar check



Real-time support when you're out of range



Strip re-ordering right from your meter



Optional alerts to keep contacts in the loop



Send a Health Summary Report directly from your meter



Automatic uploads mean no more paper logbooks

Get started

Visit TeladocHealth.com/Register or call **800-835-2362** and use the code **UNIVERSITYOFUTAH** to register.

Regence BlueCross BlueShield of Utah is an Independent Licensee of the Blue Cross and Blue Shield Association. Teladoc Health is a separate company that provides care and disease management services. Participants must be 13 or older and covered by a Regence health plan.

Program includes trends and support on your secure Teladoc Health account and mobile app but does not include a phone, tablet or smartwatch.

Las comunicaciones del programa Teladoc Health están disponibles en español. Al inscribirse, podrá configurar el idioma que prefiera para las comunicaciones provenientes del medidor y del programa. Para inscribirse en español, llame al 800-835-2362 o visite TeladocHealth.com/Bienvenido. Program eligibility varies. Visit our website to learn more.